



2025
***Our Voice,
Our Strength!***

SEA MAR
FIESTAS
PATRIAS



Sea Mar
Community Health Centers

September / Septiembre 13 - 14

www.seattlefiestaspatrias.org

   @seamarchc

WELCOME

Fiestas Patrias commemorates the independence of Latin American countries, many of which celebrate their national Independence Day in September. This festival is a celebration of Latinos: our culture, art, music, food, dances, and many other traditions that have accumulated over the centuries.

The 2025 theme, “**Our Voice, Our Strength,**” celebrates the color, culture, customs, and languages that define Latinos’ proud heritage. It emphasizes the importance of unity within this diversity, recognizing that we are all part of a single global community, enriched by many vibrant cultures and perspectives. Sea Mar fosters connections with organizations, groups, and individuals to deepen understanding and share knowledge about Latino culture.

Fiestas Patrias is hosted by Sea Mar Community Health Centers in partnership with Seattle Center Festál and takes place on Saturday, September 13 and Sunday, September 14. Throughout the two-day event at Seattle Center, attendees can enjoy delicious traditional Latin American food, live music, traditional folk-dance performances, a health fair offering health information, free health screenings, Zumba and Viva Art Exhibit, children’s activities, and more. This event is free and open to the public.

Enjoy the fiesta, and let’s celebrate all the different colors!

BIENVENIDOS

Las Fiestas Patrias conmemoran la independencia de los países latinoamericanos, muchos de los cuales celebran su Día de la Independencia en septiembre. Este festival es una celebración de la cultura latina, el arte, la música, la gastronomía, bailes y muchas otras tradiciones que se han acumulado a lo largo de los siglos.

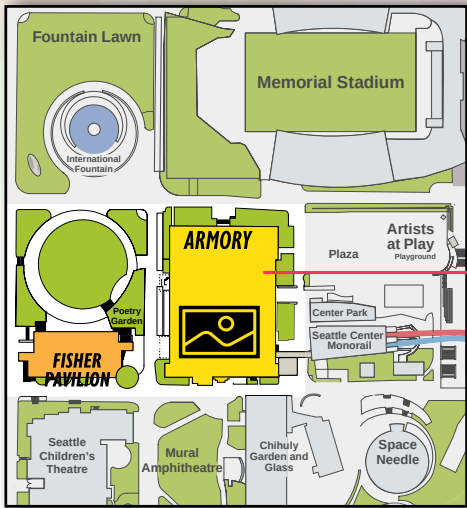
El tema de 2025, “Nuestra Voz, Nuestra Fuerza”, celebra el color, la cultura, las costumbres y los idiomas que definen la orgullosa herencia latina. Enfatiza la importancia de la unidad dentro de esta diversidad, reconociendo que todos formamos parte de una única comunidad global, enriquecida por diversas culturas y perspectivas vibrantes. Sea Mar fomenta la conexión con organizaciones, grupos e individuos para profundizar la comprensión y compartir conocimientos sobre la cultura latina. Fiestas Patrias es organizada por los Centros de Salud Comunitarios Sea Mar en colaboración con

Seattle Center Festál y se lleva a cabo el sábado 13 y el domingo 14 de septiembre. Durante los dos días del evento en Seattle Center, los asistentes podrán disfrutar de deliciosa comida tradicional latinoamericana, música en vivo, presentaciones de danzas folclóricas tradicionales, una feria de salud donde se brinda información sobre salud, exámenes de salud gratuitos, Zumba, exhibición de arte Viva, actividades infantiles y mucho más. Este evento es gratuito y abierto al público.

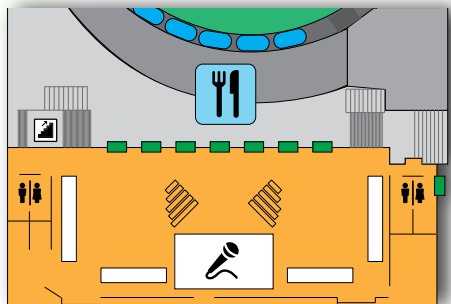
¡Disfruta de la fiesta y celebremos los diferentes colores de nuestra cultura!



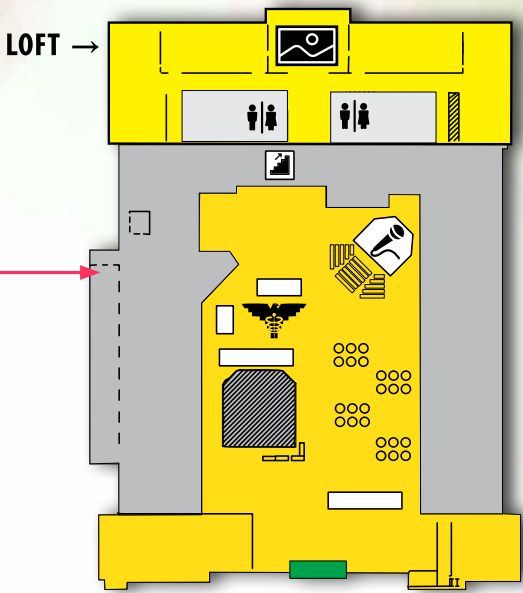
SEATTLE CENTER CAMPUS



SEATTLE CENTER FISHER PAVILION



SEATTLE CENTER ARMORY MAIN LEVEL



Stairs to 2nd Floor
2^{do} piso



Food area
Zona de comida



Bathroom
Baños



Stage
Tarima



Health Fair
Feria de Salud



Art Exhibitions
Exposiciones de Arte



Molina Healthcare proudly supports the 2025 Sea Mar Fiestas Patrias!

Together, we help the people in our communities that need us the most!



Visit us at [MeetMolinaWA.com](https://www.meetmolina.com) or scan the QR code to learn more.



AZTECA[®]
MEXICAN RESTAURANTS

*Serving
Washington State
since 1974*

aztecamex.com

ACTIVITIES PROGRAM

SATURDAY 13		SUNDAY 14	
Armory – Main Level			
12:00 p.m. - 6:00 p.m.	Health Fair	11:00 a.m. - 6:00 p.m.	Health Fair
1:00 p.m. - 5:45 p.m.	Zumba® Caribbean Fitness Fest	1:00 p.m. - 5:45 p.m.	Zumba® Caribbean Fitness Fest
12:00 p.m. - 6:00 p.m.	Vendor Booths	11:00 a.m. - 6:00 p.m.	Vendor Booths
Armory- Loft (2 nd Floor)			
12:00 p.m.- 6:00 p.m.	Art Exhibit Viva Art Exhibit	11:00 a.m. - 6:00 p.m.	Art Exhibit Viva Art Exhibit
Fisher Pavilion Rooftop			
12:00 p.m. - 6:00 p.m.	Children Activities - Crafts - Bouncy Obstacle Course & Slide - Cotton Candy - Temporary Tattoos for Kids	11:00 a.m. – 6:00 p.m.	Children Activities - Crafts - Bouncy Obstacle Course & Slide - Cotton Candy - Temporary Tattoos for Kids
1:00 p.m.– 2:00 p.m.	Soccer Clinic by Seattle Sounders - Soccer Clinics - Soccer Activities		
Fisher Pavilion			
1:00 p.m. - 7:00 p.m.	Entertainment Live Music	12:00 p.m. - 6:00 p.m.	Entertainment Live Music
7:00 p.m. - 9:00 p.m.	Entertainment Evening Dance		
12:00 p.m. - 7:00 p.m.	Vendors Food, crafts, jewelry, and other local vendors	11:00 a.m. - 6:00 p.m.	Vendors Food, crafts, jewelry, and other local vendors

ACTIVITIES PROGRAM

	SÁBADO 13		DOMINGO 14
Armory – Nivel Principal			
12:00 p.m. - 6:00 p.m.	Feria de la Salud	11:00 a.m. - 6:00 p.m.	Feria de la Salud
1:00 p.m. - 5:00 p.m.	Zumba® Festival de Fitness Caribeño	1:00 p.m. - 5:00 p.m.	Zumba® Festival de Fitness Caribeño
12:00 p.m. - 6:00 p.m.	Puestos de vendedores	11:00 a.m. - 6:00 p.m.	Puestos de vendedore
Armory- Loft (2nd Floor)			
12:00 p.m. - 6:00 p.m.	Exhibición de arte Exposición de Arte Viva	11:00 a.m. - 6:00 p.m.	Exhibición de arte Exposición de Arte Viva
Fisher Pavilion Rooftop			
12:00 p.m. - 6:00 p.m.	Actividades para niños - Artesanía - Carrera de obstáculos y tobogán infables. - Algodón de azúcar - Tatuajes temporales para niños	11:00 a.m. – 6:00 p.m.	Actividades para niños - Artesanía - Carrera de obstáculos y tobogán infables. - Algodón de azúcar - Tatuajes temporales para niños
1:00 p.m. – 2:00 p.m.	Clínica de fútbol de Seattle Sounders - Clínicas de fútbol - Actividades de fútbol		
Fisher Pavilion			
12:00 p.m. - 7:00 p.m.	Entretenimiento Música en vivo	12:00 p.m. - 6:00 p.m.	Entretenimiento Música en vivo
7:00 p.m. - 9:00 p.m.	Entretenimiento Baile nocturno		
12:00 p.m. - 7:00 p.m.	Vendedores Comida, artesanías, joyas y otros vendedores locales.	11:00 a.m. - 6:00 p.m.	Vendedores Comida, artesanías, joyas y otros vendedores locales.

LIVE ENTERTAINMENT

SEATTLE CENTER FISHER PAVILION

Saturday | Sábado 13, 2025

Sunday | Domingo 14, 2025

1:00 p.m.- 1:50 p.m.	MONAMOR (Latin Music)	12:00 p.m.- 1:00 p.m.	Surllajta Música Andina
2:00 p.m.- 3:00 p.m.	Bailadores de Bronce	1:15 p.m.- 1:45 p.m.	Elise Daycare y su Grupo Folklore Salvadoreño
3:15 p.m.- 4:15 p.m.	Mariachi Guadalajara	1:50 p.m.- 2:30 p.m.	Rebeldes de la Cueva (Chile)
4:30 p.m.- 4:50 p.m.	Grito de Independencia	2:45 p.m.- 3:30 p.m.	Caña Dulce (Costa Rica)
5:30 p.m.- 6:45 p.m.	Banda Tamborazo La Pachanga	3:45 p.m.- 4:45 p.m.	Reales del Norte
7:00 p.m.- 9:00 p.m.	Sonora Dinamita	5:00 p.m.- 6:00 p.m.	Latino Twist



MONAMOR



Bailadores de Bronce



Elise Daycare y su Grupo
Folklore Salvadoreño



Saturday, September 13

Sábado 13 de Septiembre

Saturday, September 13

Sábado 13 de Septiembre

Sunday, September 14

Sunday, September 14

Domingo 14 de Septiembre

Domingo 14 de Septiembre



Aloha! Halau Hula O Napualani



Seattle Catrinas Festival



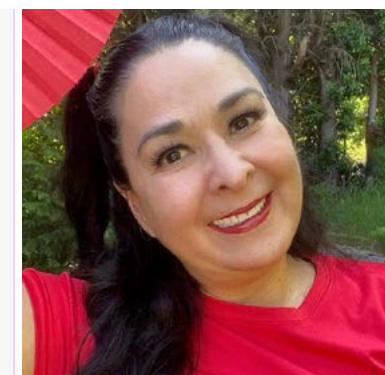
Erica Dixon



We Move to Give



ZJ Madalene Aponte



Izmet Barranco



Zumba Gold



*It is a Flamenco-based dance fitness and therapeutic workout *Es un entrenamiento fitness y terapéutico de baile flamenco.



SOUTH PARK PARADE:

Saturday, September 13, 2025 / 10:00 a.m. - 12:30 p.m.



**Grand Marshal
Justice Steven C.
González**

Justice Steven C. González began his service on the Supreme Court on January 1, 2012. He served as the Supreme Court's first Chief Justice of color and the 58th Chief Justice from January 2021 to January 2025. Before joining the Supreme Court, Justice González served for ten years as a trial judge on the King County Superior Court hearing criminal, civil, juvenile, and family law cases.

Justice González has received numerous awards throughout his career, including: the "2022 Spirit of Excellence Award" from the American Bar Association's Commission on Racial and Ethnic Diversity in the Profession; the "2012 Difference Makers Award" from the American Bar Association's Solo, Small Firm and General Practice Division; the 2021 CZ Smith Trailblazer Award and 2011 Exceptional Member Award from the Latina/o Bar Association of Washington; and the 2009 Vanguard Award from the King County Chapter of Washington Women Lawyers and the Golden Scarf from the Seattle Sounders FC. He also received "Judge of the Year" awards from the

Washington State Bar Association, the Washington Chapter of the American Board of Trial Advocates, and the Asian Bar Association of Washington in 2011.

Justice González earned his B.A. with Honors in East Asian Studies from Pitzer College and his J.D. from U.C. Berkeley School of Law where he was the Technical Editor of the La Raza Law Journal. As a part of his undergraduate degree, Justice González studied at Waseda University in Tokyo, Japan and at Nanjing University in China. Before law school, he did graduate work in Economics at Hokkaido University on a scholarship from Rotary International. He received Honorary Doctor of Laws Degrees from Gonzaga University School of Law in 2011 and the University of Puget Sound in 2015. In 2018, he taught State Constitutional Law at Gonzaga University School of Law.



COMMUNITY HEALTH PLAN
of Washington™

The power of community

CHPW salutes Sea Mar as
a key partner in providing
quality, comprehensive
health, educational,
and cultural services to
diverse communities.

SEATTLE
CREDIT UNION

**BANKING
FOR ALL**



SEATTLECU.COM • 800-334-2489

Health Fair

SATURDAY & SUNDAY AT
THE SEATTLE CENTER ARMORY

Vital Health Screenings

Blood pressure, height/weight, body mass index (BMI), visual acuity exam and immunization information

Cholesterol and Glucose Checks

First come, first serve and results in minutes

Health Education Information about diabetes management, hypertension, smoking cessation, weight management, health life style

Oral Health Information

Correct brushing technique demonstration, get your new toothbrush and floss for participating

Women, Infants and Children (WIC)/Maternity Support Services (MSS)

Breastfeeding and nutrition information, games and free giveaways

Behavioral Health

Information about depression, anxiety, substance use, and available Sea Mar Behavioral Health services

Health Insurance

Information (Managed Care)

Representatives Insurance and open enrollment information, register to vote

Care Management

Information about services for patients who may need additional support

Cancer Prevention

Answering questions related to colon, breast and cervical cancer, information regarding access to screenings for free

Home Health Information on the home health program and senior services

Sea Mar's Human

Resources Department

Learn about job opportunities and employment benefits at Sea Mar

Don't forget to pick up your Health Passport and visit all health fair stations for a chance to WIN!*

RAFFLE ITEMS:

- 1. At Home Date Night Basket:** Stock pot with lid, colander, pasta, sauce, pasta bowls, porcelain mugs, teaspoons, tea two DVD's, jasmine candle, dishtowels
- 2. Corazón Latino Basket:** Handcrafted Mexican pitcher set with 6 cups and metal stand, Canvas bag, cross body bag, shawl, pocket mirror, mini teotihuacan pyramid, mayan calendar keychain, indigenous deity keychain, hot chocolate (Ibarra), De La Rosa Mazapan
- 3. Family Membership/Passes:** Family Level Membership to the Pacific Science Center (valid for one year). This includes two adults and up to six youth (ages 3 – 17), \$125 gift card to the Cheesecake Factory, four tickets to the LeMay Family Collection (museum of vintage cars plus an array of Americana) and four tickets to Beneath the Streets
- 4. \$300 Bass Pro Shops/Cabela's Gift Card**

***RAFFLE:** Attendees (18+) who visit all health fair stations can submit their health passport to participate in the drawing. The winners will be selected and announced on Monday, 09/15. You must provide your name, phone number and email to enter the raffle. (Sea Mar employees are not eligible to participate)

“¡MUCHAS GRACIAS!” TO OUR FIESTAS PATRIAS SPONSORS



Feria de la Salud

SÁBADO Y DOMINGO EN EL
SEATTLE CENTER ARMORY

Exámenes de Signos Vitales Pruebas de presión arterial, altura/peso, índice de masa corporal (IMC), examen de agudeza visual e información de vacunas	Pruebas de Colesterol y Glucosa Reciba sus resultados en minutos. Se atiende por orden de llegada	Educación para la Salud Información sobre el control de la diabetes, hipertensión, como dejar de fumar, control de peso y estilo de vida saludable
Información de Higiene Bucal Demostración de la técnica correcta de cepillado, obtenga un cepillo de dientes e hilo dental al participar	Mujeres, Infantes y Niños (MIC)/ Servicios de Apoyo a la Maternidad (MSS) Información sobre lactancia materna, nutrición, juegos y sorteos gratuitos	Salud Mental Información sobre depresión, ansiedad, uso de sustancias y los servicios de salud mental disponibles en las clínicas de Sea Mar
Información sobre Seguro Médico (Managed Care) Información sobre cobertura médica e inscripciones abiertas. Registrarse para votar	Gestión del Cuidado Información sobre los servicios para los pacientes que pueden necesitar apoyo adicional	Prevención del Cáncer Se responderán preguntas relacionadas con el cáncer de colon, mama y cuello uterino y se brindará información sobre el acceso a los exámenes de detección de forma gratuita
Salud en el Hogar Información sobre el programa de salud en el hogar y servicios para personas mayores	Departamento de Recursos Humanos de Sea Mar Información sobre las oportunidades de empleo y beneficios en Sea Mar	No olvides tu Pasaporte de Salud y visita todas las estaciones de la feria de salud para tener oportunidad de ganar!*

ARTÍCULOS DE LA RIFA:

- 1. Canasta para una Cita en Casa:** Olla con tapa, colador, pasta, salsa, tazones para pasta, tazas de porcelana, cucharillas, té, dos DVD, vela de jazmín, paños de cocina.
- 2. Canasta Corazón Latino:** Juego de jarra mexicana artesanal con 6 tazas y base de metal, bolsa de lona, bolso bandolera, chal, espejo de bolsillo, mini pirámide de Teotihuacán, llavero con calendario maya, llavero con deidad indígena, chocolate caliente (Ibarra), De La Rosa Mazapán.
- 3. Membresía/Pases Familiares:** Membresía Familiar para el Pacific Science Center (válida por un año). Incluye dos adultos y hasta seis jóvenes (de 3 a 17 años), **tarjeta de regalo de \$125 para Cheesecake Factory**, **cuatro entradas para la LeMay Family Collection** (museo de autos clásicos y una gran variedad de arte americano) y **cuatro entradas para Beneath the Streets**.
- 4. Tarjeta de regalo de \$300 de Bass Pro Shops/Cabela's.**

***RIFA:** Los asistentes mayores de 18 años que visiten todas las estaciones de la Feria de la Salud pueden presentar su pasaporte de salud para participar en el sorteo. Los ganadores serán seleccionados y anunciados el lunes 15 de septiembre. Debe dar su nombre, número de teléfono y correo electrónico para participar. (Los empleados de Sea Mar no son elegibles para participar)



Partnering together to help our community

We're proud to collaborate with Sea Mar Fiestas Patrias to help build healthy, inclusive communities.

uhccp.com/washington



CSG18639270 8/25



Whole care for a whole you

Choose Wellpoint Washington, Inc. You may be eligible for free or low-cost Apple Health coverage.



choosewellpoint.com/wa

Services provided by Wellpoint Washington, Inc.

1042030WAMENWLP 11/22

Taking care of your family's healthcare needs with **whole person health.**

.....

Cubrimos las necesidades médicas de su familia con **servicios de salud integral.**

CoordinatedCareHealth.com

